

CRUSTED CHICKEN THIGHS

Ingredients

12 boneless, skinless chicken thighs,
1/2 c. breadcrumbs
1 Tbsp +1tsp granulated garlic
2 tsp paprika
Salt & pepper, to taste

Method

- Preheat oven to 350°
- Mix breadcrumbs & seasonings together in a Ziploc bag
- Shake each thigh in the Ziploc to coat with mixture (bag closed)
- Place on parchment-lined cookie sheet
- Bake for 1 hour minutes or until cooked through