

FRUIT SMOOTHIES

Ingredients

4 c. mixed frozen fruit (e.g. strawberries, peaches, honeydew, pineapple)

2-3 c. orange juice

Method

- Place fruit in blender
- Add 1 c. juice
- Blend with ice crushing function
- Add 1 c. more of juice
- Blend again with ice crushing function
- Add remaining juice, if desired
- Blend until smooth
- Serve immediately

Serves 3-4