

HAMBURGERS

Ingredients

2 lbs. minced meat

2 Tbsp. granulated garlic

½ c. matzoh meal or breadcrumbs

½ c. ketchup

¼ tsp. pepper

½ tsp. salt

1 large onion, minced (optional)

Yield: 10-12 burgers

Method

- Mix meat together with all ingredients in a bowl
- Form patties
- If meat used was fresh (not thawed from frozen), patties can be frozen at this point. Freeze in:
 - single layers in Ziploc bags, or
 - in multiple layers in Ziploc bag with wax or parchment paper to separate layers.
- Grill on BBQ, Panini maker or bake in oven preheated to 375° for 20 minutes, or until cooked through.
- Cooked Patties can be frozen in Ziploc bags or freezer containers.