

# PEAR

## Ingredients

4-5 pears\*, washed peeled & chopped in 1" cubes (= about 2c.)

\* *Suggested:* Bartlett, as they have a softer texture but you can use any variety.

Yield: 1 ice cube tray

## Method

- Place pears in saucepan with some water (about 1/4 cup)
- Bring to a boil over medium-high heat
- Reduce heat to medium. Cover.
- Allow to simmer 20 minutes or until fork-tender. Stir occasionally to prevent sticking.
- Place entire contents of saucepan into food processor or blender & puree until smooth